

SHOW-ME ECHO

(Extension for Community Healthcare Outcomes)

Disordered Eating & Eating Disorders



CREATING A COMMUNITY OF LEARNING

The University of Missouri is launching a new ECHO that will create a community of learning to increase knowledge, skills and confidence in prevention, early identification and care of all individuals with disordered eating and eating disorders. This ECHO's expert team will meet with participants via online videoconferencing from noon to 1 p.m. the fourth Tuesday of the month.

GOALS AND OBJECTIVES

- Realize prevalence and presentation of disordered eating and eating disorders in all bodies inclusive of all identity characteristics, including but not limited to: age, size, race, ethnicity, ability level, socioeconomic status, sexual orientation and gender identity.
- Recognize early signs, clinical features, etiology and complexity of disordered eating and eating disorders.
- Respond through forming community partnerships and providing treatment in a team-based approach.
- Resist stigma and promote the empowerment and well-being of others by using a trauma informed and culturally humble approach to communicate about weight and health.

LEARNING AND DISCUSSION TOPICS

- Overview and Nine Truths
- Diagnosis and Screening
- Components of Treatment Team
- Communication Among Providers
- Adult vs. Adolescent
- Three Scenarios: Medical, Nutrition and Psychology
- Four Scenarios: Higher Level of Care/Private Care, Community Mental Health Center, College Campus and School Nursing
- Medical, Psychological and Nutrition Interventions



READY TO JOIN?

Visit showmeecho.org

MEET THE EXPERT TEAM



Stephanie Bagby-Stone, MD, DFAPA, CEDS-S
Psychiatrist
University of Missouri



Rebekah Freese, PhD, MSW, LCSW
Social Worker
Saint Louis Behavioral Medicine Institute



Melissa Lawson, MD, FAAP
Adolescent Medicine Physician
University of Missouri



Ginger Meyer, MS, RDN, CSSD, LD
Registered Dietitian, Sports Dietetics
University of Missouri



Beth Shoyer, PhD
Psychologist
University of Missouri Counseling Center



Amy Beck, PhD, RYT200
Pediatric Psychologist
Children's Mercy Kansas City



Jenny Copeland, PsyD
Psychologist
Freeman Health System



Beth Harrell, MS, RD, LD, CEDRD-S
Registered Dietitian
Private Practice/Independent Contractor



Caroline Rudnick, MD, PhD, CEDS
Family Medicine Physician
McCallum Place



Beth Monson
Advocate
University of Missouri

WHAT DOES THIS ECHO OFFER?

- No cost continuing education for providers
- Collaboration, support and ongoing learning with eating disorder specialists
- Better community-based care for patients
- No cost to participating sites or individuals



Missouri Telehealth Network
University of Missouri